

## Second Season Changes for the Shorebreak Boy's Club

Once the plane landed in San Diego from the Junior Olympics in Minneapolis, Directors Bjorn, Ted, and Travis sat down to start working on next season. And here are some of the changes.

- **Training:** Shorebreak will be implementing its new Shorebreak Training Method (see below for more details). This method is much like a collegiate volleyball program, giving players faster paced practices, more touches, and more playing opportunities. Shorebreak teams will be trained in a collegiate style program, thus allowing its athletes to affect a smoother transition to the next level.
- **Communication:** Shorebreak will now be giving all coaches and team parents/representatives Shorebreak email addresses to help the lines of communication in the club. We will encourage all coaches and team parents to use their emails as much as possible to help keep all families involved and informed. This way we can ensure more information is given and more families participate in the club.
- **Administration:** Shorebreak has hired Stefani Wessell and Lauren McClure for its Administration. These staff members come to us from the Coast Volleyball Family. They are highly qualified with previous experience working in administration for Coast Volleyball Club, one of the County's largest and most successful Girl's Clubs. They will be in charge of tuition, uniforms, inquiries, transfers, releases, registration, hotels, and other various administrative duties.

Presently our coaching lineup for the 2011-2012 season :

### 18 Mikasa Program

Matt Prosser  
Bjorn Dahl  
Dave Johnson  
Paul Araiza

### 17 Mikasa Program

Travis Lee  
Ted Summers-Torres  
Mike Placek  
Calvin Ross

### 16 Mikasa Program

Ted Summers-Torres  
Mike Brunsting  
Mike Ortiz  
Aaron French

### 15 Mikasa Program

Dave Johnson  
Bjorn Dahl  
JJ Van Niel  
Kevin Trombley

### 14 Mikasa Program

Bob Jensen  
Aly Dahl

### 13 Mikasa Program

Lauren Waldrop  
Mao Le

## 2011 FALL HIGH SCHOOL PROGRAM DESCRIPTION AND COST



### Shorebreak has successfully finished its first season as San Diego's Premier Boy's Volleyball Club

In its first season Shorebreak fielded some of the strongest teams in the country, representing San Diego County boy's volleyball in a way never seen before. Some of the highlights from last year;

- The most experienced coaching staff in the county - featuring 6 college coaches. Shorebreak coaching staff combines for 10 medals at the Junior Level.
- Shorebreak welcomed the following coaches to its staff; Matt Prosser (CSU Long Beach Men's Assistant and AVP Player), Dave Johnson (Stanford Assistant for NCAA National Championship Team '01, UOP Women's Head Coach), Evan Barry (Stanford Setter), Paul Araiza (CCHS), Mike Brunsting (UCSD and Parker), and Aaron French (Saints).
- Alec Tollgaard and Jake Reeves earned All- American Accolades for the Junior Olympics. Shorebreak's Jared Arias and Matt Dorn earned spots on the USAV High Performance (national teams).
- **In 2011 Shorebreak sent a team to the Open Division in every single age group!**



## Mikasa Fall High School Program (Junior Olympic Travel)

Mikasa teams are considered by athletes who are looking to train and compete at the highest level in club, and aspire to play in college.

- All players accepting spots on elite teams are competing for a bid in the Junior Olympic Championships taking place in Dallas, TX.
- Mikasa teams typically practice from 8 to 10 times per month.
- Mikasa teams compete in all of the regional events, as well as the SCVA Junior Olympic Qualifier.
- High school Mikasa teams will have 21 competition days
- Mikasa teams may use a paid assistant coach.
- Mikasa teams may compete in additional (out of region) Junior Olympic qualifiers. The additional cost of these out of region qualifiers is not estimated here.
- An SCVA schedule can be found at [SCVAvolleyball.org](http://SCVAvolleyball.org) by clicking on "Juniors", then "Boys" and then clicking on "Schedule".
- The Mikasa Team season begins in mid-September and ends around the first week of July (the exact date will vary according to age group and will be established by USA Volleyball in March).

## Dues

### 2011-2012 Shorebreak Fall Program Cost Breakdown

15/16/17/18 National/JO Teams	Sept	Oct	Nov	Dec	Jan	Total
Startup Fee	\$250	\$200				<b>\$450</b>
Balboa Bay Invitational	\$50					<b>\$50</b>
SCVA Qualifier		\$50	\$100			<b>\$150</b>
Holiday Classic			\$75	\$125	\$125	<b>\$325</b>
SCVA Invitational			\$75	\$125	\$125	<b>\$325</b>
Junior Boys Classic						<b>\$0</b>
Junior Olympics *						<b>\$0</b>
Monthly Fee	\$200	\$200	\$200	\$200	\$200	<b>\$1,000</b>
<b>TOTAL / Monthly Payments</b>	<b>\$500</b>	<b>\$450</b>	<b>\$450</b>	<b>\$450</b>	<b>\$450</b>	<b>\$2,300</b>

#Cost does not include airfare, hotel costs, as well as per diem for players at multi day events. *Note, these price points may be subject to change due to variances in travel and hotel costs for coaches, and/or tournament registration fees.*

Shorebreak expects to field following elite teams:

<b>18 GOLD</b>	<b>17 GOLD</b>	<b>16 GOLD</b>	<b>15 GOLD</b>
<b>18 BLUE</b>	<b>17 BLUE</b>	<b>16 BLUE</b>	<b>15 BLUE</b>

## Shorebreak Training Method

The Shorebreak Training Method for the 2011-2012 season;

- Providing a coaching staff comprised of 4 coaches per Mikasa Program (2 teams). This guarantees feedback, individual attention, and help during tournaments to scout and chart teams like most D1 programs. 6 : 1 player to coach ratio in most training environments.
- Shorebreak's 7 court facility offers the ability for multiple court practices, allowing for more position specific attention and break out/tutorial work.
- Implementing the latest in scouting, video (Data Volley), and charting systems to help our teams learn to win the close matches. We will make sure our coaching staff can scout teams, break down video, run collegiate defensive and offensive systems in order to simulate an training environment much like a Division 1 program.
- Providing a free athletic training program incorporated with the Shorebreak Club. Players have access to the Liba Fit training center located a few blocks north of the Sorrento Valley Facility. Players will be introduced to carefully planned team workouts. Younger players will focus on core strength and balance as older players will learn basic lifting techniques and work to increase their potential on the volleyball court, reflecting a collegiate training environment.

### Shorebreak sent 6 teams to Junior Olympics in 2011!!

- 18 Gold - Open
- 18 Blue - Club
- 17 Gold - Open
- 16 Gold - Open
- 15 Gold - Open
- 14 Gold - Open

